

# SUMMER SERIES

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## Summer Class/Event Schedule LAKEWOOD FAMILY YMCA

Summer Solstice Yoga Retreat | June 20 | 10:30am-4:30pm

Coffee and Cards | July 1 | 1:30pm

Coffee and Crafts | July 12 | 9:30am

Y Drums Fitness Class | July 19 | 10:30-11:30am

Coffee and Cards | August 2 | 9:30am

Coffee and Crafts | August 7 | 1:30pm

Y Drums Fitness Class | August 14 | 5:30-6:30pm

Color Throw Zumba Party | August 16 | 4:30-6pm | Donation Based



### CONTACT

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